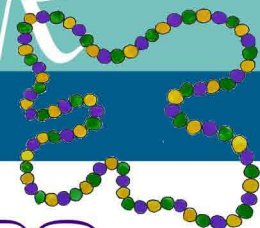




Tooth Talk



Volume 3, Number 1 January 2009



Ask the Doc

Can The Tongue cause an orthodontic problem?

YES. Orofacial Myofunctional Disorder (OMD) is commonly referred to as a tongue thrust. Just as the controlled forces of braces can move teeth, the abnormal functions and postures of the muscles of tongue, lips, jaw and face can influence the development of dental malocclusion; examples include, incorrectly positioned teeth, an improper bite relationship between the teeth in the upper and lower arches, or a malformation of the bone of the dental arches. We are making great strides to continue to educate ourselves in this highly debated area.



Glenn Glass DMD, MS

NEW YEARS RESOLUTIONS

I love the new year, you can reinvent yourself all over again. The practice has a few resolutions we would like to share. We hope to continue to deliver excellent results while providing a warm, friendly, caring environment that will make you treatment experience extremely enjoyable. I personally have the renewed resolution to maintain a level of cutting edge education and treatment. I have a new resolution to continue to educate my patients in the harm caused by excessive intake of soft drinks, to be more proactive in the education of proper oral hygiene, and to hold patients and parents accountable for excessive bracket breakage (eating things they know they shouldn't) which unnecessarily prolongs treatment which increases the risk of white spots.

Happy New Year from the

Bracey Bunch



2008 Christmas Card

Contests

- Wear one of Dr. Glass' T-shirts to your appointment and enter in a monthly drawing for \$50.
- January-March- Moon Pie Count \$50.00 prize
- April /May: drawing for a Mother's Day Spa gift certificate

Our Foley office is Now open!
12342 Foley Beach Express.

Visit our website,
www.glassortho.com.

We've gone Wi-Fi! Feel free to bring in your computers to work, surf the net, or just play.

Camellia Cafe

Chef Ryan Glass
(he's Dr. G's brother)

Tue- Fri for lunch.

Tue-Sat for dinner.

Now open for

Sunday Brunch !!

Casual fine dining

"Southern France meets Southern Alabama"

OBSTRUCTIVE SLEEP APNEA

A Dental Perspective



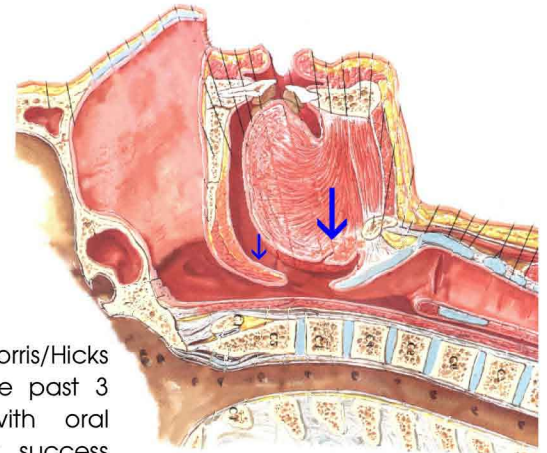
Definition

- Obstructive Sleep Apnea (OSA) is characterized by recurrent episodes of partial or complete airway obstructions during sleep.
- The obstructions result in either a reduction in, or a complete cessation of, oronasal airflow (despite continued respiratory effort).

Symptoms & Consequences

- **Excessive daytime sleepiness**
- **Loud snoring**
- Hypertension
- Morning headaches
- Motor vehicle accidents
- Mood disorders (depression, irritability, anxiety)

We have actively been working with Dr. Norris/Hicks and Dr. Neuman (ENT physicians) for the past 3 years on Sleep Apnea treatment with oral appliances. We have had consistent success treating this very preventable condition. Our office created a brochure to educate our patients (more commonly their parents) on what sleep apnea is and what are the different treatment modalities. Please pick one up and share it with a loved one you know who suffers from this condition. You can also view it online at www.glassortho.com.



Effects of Gravity



Wii Winner!



Cole Leonard won a Wii for filling out our office survey. A big thank you to all those who did. It helps us to serve you better!

Congratulations to
Kathleen



Kathleen is going from a full time employee to opening her own business, kt design, specializing in graphic design, custom invitations and interior design consulting. Kathleen and I share a great idea synergy. She will continue to work with the office and help me to implement fun and provide the office with her wonderful creativity.

Meet the heart of the office



Diane



Jessica



Amberley



Anne



Melonie



Karen