



Tooth Talk

Volume 2, Number 3 October 2008

Ask the Doc

At what age do I need to bring my child to see Dr. Glass?

Usually around 7^{1/2}, just when the upper front four teeth are erupting. I am looking for six specific things. I would much rather treat every child in one phase but the following warrant early attention:

- 1. Anterior Crossbites/Underbites** – the front teeth are behind the lower.
- 2. Posterior Crossbites** – the top back teeth are inside the lower. This could potentially cause asymmetric growth of the lower jaw.
- 3. Space Loss** – if a baby tooth is lost prematurely teeth can drift, blocking out the permanent teeth. Space Maintainers are a must.
- 4. Severe Crowding** – an obvious, the majority of the time this is not treated with braces at this age but with extractions of baby teeth.
- 5. Excessive Overjet** – the front teeth sticking way out can be at great risk for traumatic injury, not to mention the psychosocial ramifications.
- 6. Esthetics** – obvious psychosocial issues can be treated very quickly with limited orthodontics while waiting for the rest of the permanent dentition to erupt 3–4 years later.



Glenn Glass DMD, MS

HEADGEAR....OLDSCHOOL

I haven't used a headgear in over 3 years, not to say they aren't a treatment option, and a good one if worn correctly. But who wants to wear one? Not me, been there...done that. Society has changed, kids and parents are a lot busier and technology has changed. Let's embrace it! I have found other treatment modalities that can produce results a lot quicker. I haven't had an adolescent that would choose headgear over rubber bands.

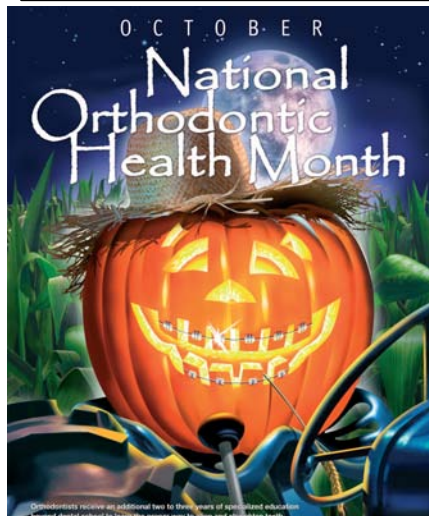
Case 1. used rubber bands and springs

Case 2. used rubber bands and a Carriere Distalizer to achieve an ideal bite instead of headgear.

Case 1



Case 2



Braces Trivia

- An orthodontist needs four years of college, four years of dental school, and three years of postgraduate study in orthodontics before they can practice orthodontics.
 - All orthodontists are also board certified dentists.
- The first "braces" were constructed by Pierre Fauchard in 1728. Fauchard's braces consisted of a flat strip of metal, which was connected to teeth by pieces of thread.
 - Bands were invented by Schangain 1841. The first bands consisted of a strip of metal, with a screw to adjust their size.
- Orthodontic brackets were invented by Edward Angle in 1915. The brackets consisted of little hooks of metal, which were attached to bands which went around your teeth.
- Dr. Angle modified his design, producing the edgewise bracket in 1928. If you or your parents got braces before 1970, they probably got braces similar to those invented by Dr. Angle.

Contests

- Wear one of Dr. Glass' T-shirts to your appointment and enter in a monthly drawing for \$50.
- September/October - Candy Bar Challenge

Win a Wii

fill out an office survey and enter to win a Wii, the grand prize. \$100 second prize, and \$75 third prize. Winner will be drawn in December.

Our Foley office is Now open!
12342 Foley Beach Express.

Visit our website,
www.glassortho.com.

We've gone Wi-Fi! Feel free to bring in your computers to work, surf the net, or just play.

Camellia Cafe

Chef Ryan Glass

(he's Dr. G's brother)
 Tue- Fri for lunch.
 Tue-Sat for dinner.
 Now open for Sunday Brunch !!

Check out Chef Ryan's write up in the Nov. issue of Mobile Bay Monthly.



Halloween

- when sticky candy is as ubiquitous as costumed pirates and princesses - is a challenge for tin-grinned trick-or-treaters limited in the kinds of foods they are supposed to eat. Hard and chewy candies are verboten, as are caramels, nuts, licorice, taffy, jelly beans, hard pretzels, gum, popcorn, taco chips and anything else that might bust a bracket or bend an arch wire. Even ice is on the American Association of Orthodontists' hit list. It's tempting to chomp on it after slurping down a glass of blood-red punch.

Brace-faced kids who eat the wrong thing and wind up with damage are advised to call the office the next business day so corrections can be made, but be aware, treatment delays may occur .

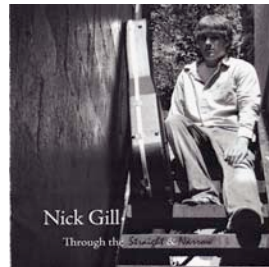
Plain chocolate is OK, as are M&M's, peanut butter cups and soft candy bars without caramel or nuts.

JACK-O-LANTERN BROWNIE

- 1 packaged brownie mix
 - 1 package fresh candy corn
 - 1 large package fall-colored soft-shell chocolates (such as M&M's)
 - 1 container orange frosting (can also use white frosting and combine red and yellow food coloring)
- Yields 12 to 16 cookies.

In 12-inch round, greased pan, make brownies to specifications on package. Let cool 30 to 35 minutes. Ice brownie with orange frosting. Use candy corn to decorate and create a mouth. Use chocolates (recommended: brown, yellow and green) to create nose, eyes and stem.

Nutritional analysis per serving: 300 calories, 2 g protein, 49 g carbohydrate, 11 g fat, 5 mg cholesterol, 1 g fiber, 220 mg sodium.



Check out our patient Nick Gill's new CD, "Through the Straight and Narrow". Available at the office.

Summer Photo Contest Winner



Mallory Overstreet
 Location: Jimmy Buffet's Mangerittaville Cosumel, Mexico

It's a Girl!

Congratulations to our own Jessica on the birth of her new baby girl.
 Lana Marie Buxton
 6lbs, 13 oz. 19.5 inches
 9/5/08

New Team Member



Crystal

Meet the Ghouls



Diane

Jessica

Amberley

Kathleen

Anne

Melanie

Karen

